

# REIN'S DELI COOKING INSTRUCTIONS FOR FROZEN FOODS

<b>NOODLE KUGEL</b>	Thaw completely. Preheat oven to 300°F. Remove plastic lid. Place a piece of foil on top to prevent excess browning. Cook 20-30 minutes until hot (165°F).
<b>POTATO KUGEL</b>	Thaw completely. Preheat oven to 375°F. Remove plastic lid. Cook 20-30 minutes until hot (165°F).
<b>MACARONI &amp; CHEESE</b>	Thaw completely. Preheat oven to 350°F. Remove plastic lid. Cook uncovered for 45 minutes
<b>CHICKEN POT PIE</b>	Thaw completely. Preheat oven to 350°F. Remove plastic lid. Use foil on top to prevent excess browning. Cook 1 hour, remove foil and cook another 15 minutes until brown and bubbly.
<b>STUFFED CABBAGE</b>	Thaw completely: Preheat oven to 350°. Remove plastic lid. Cover with foil. Bake 20-30 minutes until 165°. Frozen: Preheat oven to 325°. Remove plastic lid. Cover with foil and bake for 1 hour and 15 minutes until 165°..
<b>CHEESE BLINTZES</b>	Thaw completely. Fry in sweet butter (salted butter or margarine may be used) over medium heat until both sides are golden and internal temp is 165 °.
<b>POTATO PANCAKES</b>	Fry thawed pancakes over medium heat until both sides are golden. Do not use oil or butter in the pan. Or bake frozen pancakes in a preheated 350° oven on an ungreased cookie sheet for 12-15 minutes or until 165°. Flip pancakes over halfway through.
<b>SOUPS &amp; CHILI</b>	They may be defrosted and cooked in microwave, or slowly heated on the stove. For cream based soups, we recommend thawing frozen soup in a refrigerator for a day or two or immerse frozen container in cool water to thaw. If soup separates, whisk soup after it is warm until smooth.
<b>KASHA VARNISHKAS</b>	<b>Microwave:</b> remove from packaging and place in a microwavable container. Heat on medium for 3 minutes. Stir. Heat again for 2 minutes or 165°F. <b>Conventional oven:</b> Preheat oven to 350°. Remove plastic lid and cover with foil. Heat approx. 15 minutes. Remove from oven, stir and return to oven, covered. Heat to 165°.
<b>POTATO KNISHES</b>	Thaw completely. <b>Microwave:</b> Remove from container; heat on microwavable plate on medium until hot, approx 3 - 4 minutes or until 165° internal temp. <b>Conventional Oven:</b> Preheat oven to 350°. Bake on a lightly greased cookie tray for 12-15 minutes or until it reaches 165°.
<b>TZIMMAS</b>	<b>Microwave:</b> Remove from package and put into a microwavable container. Heat on medium for approx. 5 minutes. Stir and return to microwave if needed. Heat until 165°. <b>Conventional oven:</b> Preheat oven to 350°. Remove plastic lid and cover with foil. Heat 15-20 minutes. Remove from oven, stir and return to oven, covered. Heat until 165°F.
<b>BRISKET DINNER</b>	Thaw completely: Preheat oven to 325°F. Cover with foil. Heat until internal temp is 165°.

**PLEASE REMEMBER...MICROWAVES VARY GREATLY. THAWING SHOULD BE DONE AT A LOW SETTING. ALL FOODS SHOULD BE HEATED THOROUGHLY, UNTIL THE INTERNAL TEMPERATURE REACHES 165°F.**